



Trinidad, an authentic Caribbean paradise with pristine nature

For anyone who wants to get away from the beaten track in the Caribbean

Amsterdam, 20 April, 2023 - Paradisiacal beaches, misty rainforests, tropical wildlife, steel drum music and a multiculti (food) culture, that's Trinidad in a nutshell. This Caribbean island, just off the northern coast of Venezuela, unlike many of its neighbors, does not rely on tourists to survive. Nature here is not overrun by mass tourism and island life is still authentic. A fascinating destination for anyone wanting to get away from the beaten track in the Caribbean.



We list some of the highlights:

Exotic flora and fauna: howler monkeys and anteaters

From the capital Port of Spain, you dive straight into the spectacular tropical landscape. On the island you will find white sandy beaches that are among the most beautiful in the region, green valleys, savannas and you can hear the waterfalls cascading through the world's oldest rainforests. The jungle is inhabited by howler monkeys, anteaters, iguanas and caimans. Trinidad is a must visit for butterfly and bird watchers. Many colorful birds have their nesting grounds here, including the red ibis and the island's main resident: the motley hummingbird. You can observe all this beauty in Aripo's savannas or in one of the bird sanctuaries, such as Caroni Bird Sanctuary or Yerette's Hummingbird Sanctuary.

Exhilarating music and sensational parades

In Trinidad, there is a chance that you will spontaneously end up at a party in a park, at a live performance or at a food festival. The biggest festival on the island is Carnival, which everyone lives towards throughout the year. This 'Greatest Show on Earth', as they call it, is a lavish celebration full of extravagant costumes, limbo contests, sensational parades and rousing calypso music. Another fact: did you know that the steel drum, the famous musical instrument made from oil drums, was invented in Trinidad?

#visitTrinidad



Make it a meaningful journey together as a family
Want to do something educational and meaningful with your children? Combine your holiday with volunteering. Sea turtle conservation projects in Trinidad are on National Geographic's list of the 35 most child-friendly and meaningful trips in the world this year. Helping to save endangered turtles is certainly a fascinating lesson in conservation for children and an experience they will never forget.

Cultures in the mix
The mix of cultures in Trinidad can be tasted in the food, heard in the languages and seen in the architecture. In Port of Spain, you'll see ancient bazaars under modern skyscrapers, historic British-era forts and towers of mosques and churches. Green parks are surrounded by elegant 19th-century Victorian mansions and the Temple in the Sea in Waterloo bears witness to Indian influences. Although English is the official language, Trinidadians speak predominantly Creole with French, Spanish and Hindi here and there. The different influences are also reflected in the food. You will drink tea and eat yogurt at the Mount Saint Benedict monastery, eat a shark meat sandwich at Maracas Bay and order Chinese dumplings, and Indian crab curry sold at roadside food stalls.



About

[This](#) Caribbean island, just off Venezuela's northern coast, is a place where nature is not overrun by mass tourism and island life is still authentic. It is about 60 km long and up to 80 km wide and its area is just over 4,800 km². Trinidad's economy largely runs on the natural gas sector. Nature is still untouched on many parts of the island, making it a true tropical paradise with white sandy beaches, tropical rainforest and colourful flora and fauna. Furthermore, Trinidad is known for music and its annual carnival.

Trinidad:

Note to editors, not intended for publication:

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Cooperation between Coverpoint and USP Marketing PR:

Brussels-based [Coverpoint](#) and Amsterdam-based [USP Marketing PR](#) have been jointly representing Visit Trinidad in the Benelux since March 2023. Since 2021, KLM has been flying from Amsterdam to Port of Spain, the capital of tropical walhalla Trinidad.